

Lawrence County WIC Program

Breastfeeding Resources



Breastfeeding Services Lawrence County WIC provides:

Peer Counselor



The Peer counselor is available on Tuesdays in Aurora and Thursdays in Mt Vernon (subject to change)

She is a mom that has breastfed her children so she has been through some of the same issues and can help give support and answer questions. She also has gone to training through the state so she can help answer your breastfeeding questions while pregnant or during your breastfeeding experience. Please call her if you need help or just have a question. She also contacts many participants by text periodically to see how things are going.

Lactation Consultant

Angie is one of the nutritionists at the office and is an IBCLC lactation consultant. She has specialized training and certification to be able to help through more difficult breastfeeding situations. Please call her for any breastfeeding issues you may be experiencing. She also has breastfed her children and wants to help all moms also have a successful breastfeeding experience.

She is typically in Mt. Vernon on Mondays and in Aurora the rest of the week.

Breast pumps

We have 3 different pumps to help you.

Hygeia Enhande Manual Breast pump/ Medela Harmony Manual Breast pump

It is manual pump, one handed and one sided. It is a very nice pump for occasional use.

Cost: Free

Medela Lactina/ Hygeia Enjoye Breast pump This pump is hospital grade, 2 sided and electric. This pump is designed for frequent pumping and safe for multiple users. Great for returning to work or while baby is unable to feed at the breast due to hospitalization or latch issues. Personal kit is included.

Cost: \$25 cash deposit, refundable upon return of the pump in good condition.

Medela WIC Advanced Personal Double Breast pump. This pump is specifically for women that return to work and want to continue to fully breastfeed.

To qualify for this pump you have to meet **all** the following criteria:

- Returning to work or school for more than 32 hrs a week
- Mom is fully breastfeeding with no issues
- Baby is 4wks old
- Plan to continue to fully breastfeed.

Cost: Free



Breastfeeding classes

We offer one-on-one and group breastfeeding classes to provide information and tips to help women get ready to breastfeed. It covers topics including benefits of breastfeeding, getting started at the hospital, common challenges and everyday tips to help it go smoother. We also encourage women to bring their support people.

Phone support/ Support group

We are always happy to talk on the phone to answer questions about breastfeeding. It could be just something you were wondering about or if you are having issues and need help. Please call and ask your questions! 466-2201 or 678-3256



After 5pm –call the Greene Co WIC after hours help line at 838-9992 (leave a message and they will call back)

Support group is offered in person when possible and on Facebook. Look up and join “Lawrence County Mommies” We want moms to see they are not the only ones going through issues.



Phone numbers to know:

WIC office: Angie or Peer counselor

(417)678-3256 or (417)466-2201

Mercy Family Resources Center Lactation Services

(417)820-2327

After hours help

Springfield Greene Co WIC help-line

(417)838-9992

After 5pm or before 8am. Leave a message if no answers and they will call you back.

La Leche League USA

24 hr Helpline:

Spanish available

toll free 1-877-452-5324

Local Phone helpline:

(417)201-4242

Your message is forwarded to a volunteer Leader “on call” who will phone you back shortly.

Also look on Facebook: “La Leche League of Springfield”

Please contact us with any questions

Lawrence County WIC office

105 W. North St

Mt. Vernon Mo 65712

(417)466-2201

We are typically available

Monday and Thursday

8am-12pm and 1-4 pm

Aurora WIC Office

203 C S. Washington Ave

Aurora Mo 65605

(417)678-3256

We are typically available

Tuesday- Friday

8am-12pm and 1-4 pm

This institution is an equal opportunity provider.